



## Co-Parenting Works!

*Helping Your Children Thrive after Divorce*

By Tammy Daughtry, MMFT

**Founder, Co-parenting International**

**Co-Founder, The Center for Modern Family Dynamics**

[www.CoparentingInternational.com](http://www.CoparentingInternational.com)

[www.ModernFamilyDynamics.com](http://www.ModernFamilyDynamics.com)

### Endorsements

“As a counselor, I’ve seen the challenges of co-parenting wreck havoc on parents and children alike. What Tammy Daughtry does in this book is deal head-on with these challenges while giving loving parents a different way of relating to each other and their child that’s sorely needed. If you’re ready for wise counsel, biblically based tools,

and loads of practical encouragement that will help you relate well to your co-parent and to bless your child—read this book!”

—John Trent, Ph.D., author of *The Blessing* and president of [StrongFamilies.com](http://StrongFamilies.com) and *The Blessing Challenge*

“Let’s face it. Many in the culture, both inside and outside the church, are suffering through divorce. I can personally relate to this sensitive topic. My mom and dad divorced when I was five, and there was a lot of pain there. In my case, I would have benefited from a little more thought from my parents as to how I was feeling. The memory of that anguish motivates me today. The well-being of children is at stake, and Focus on the Family is committed to being there for those who are dealing with broken hearts and broken dreams. God can redeem the most difficult of circumstances, including divorce and the children from those broken homes, and we want to be able to offer His hope to help those who are struggling.”

—Jim Daly, Focus on the Family President and Radio Host

“As a co-parent, one of my main interests for my daughter is for her to lead a balanced life filled with love and support. I know with the guidance and practical advice given in this book, and the commitment of both parents to work together, that this can and will be achieved. I definitely recommend this book to all parents willing to work together so their child can lead a well-adjusted life.”

—Therese M. Byrne, CLE and meetings director of the Tennessee Bar Association

“Children need the best their parents have to give. *Co-Parenting Works!* helps divided parents find common ground for the benefit of their child. You already love your kid—now give them your best. Read this book.”

—Ron L. Deal, author of *The Smart Stepfamily* [www.SmartStepfamilies.com](http://www.SmartStepfamilies.com)

“Tammy realizes the importance and value of fathers! This is a well-researched guide that provides excellent advice for those struggling through some of the most difficult circumstances in life.”

—Rick Johnson, founder of [www.BetterDads.net](http://www.BetterDads.net) and bestselling author of *That’s My Son, Better Dads—Stronger Sons, and Becoming Your Spouse’s Better Half*

“When marriages fail, children inherit sorrow in proportions for which their tender souls are unfitted. *Co-Parenting Works!* helps divorced parents give the love and stability their children need and helps the wounded retreat from the war.”

—Wes Yoder, author of *Bond of Brothers: Connecting with Other Men beyond Work and Weather and Sports*

“We write our wisdom from the trenches of experience. Tammy Daughtry has lived in those trenches when it comes to raising children following divorce. She has done this with grace, purpose, and humor. For families going through the worst chapter of their existence, this book offers help and hope.”

—Dan Boone, president of Trevecca Nazarene University

“I love Tammy Daughtry! And I especially love that she is a beautiful voice equipping this generation for healthy co-parenting after divorce. *Co-Parenting Works!* is a book that has been needed for so long. Let us all learn from Tammy and, for the sake of our children, apply this teaching to our hearts and our lives.”

—Angela Thomas, bestselling author and speaker

“Finally! An excellent book that offers wisdom and practical insight into the complex maze of parenting after divorce! *Co-Parenting Works!* is a comprehensive, informative, and enlightening resource. Tammy Daughtry offers a superb gift of hands-on help for parents, family members, teachers, support group leaders, and church staff who desire to ease a child’s pain. A must-read for anyone who cares about today’s family.”

—Laura Petherbridge, author of *When “I Do” Becomes “I Don’t”* and *The Smart Stepmom*

“*Co-Parenting Works!* is both a treasure map and a compass that guides parents navigating the waters of co-parenting past snares and pitfalls in order to discover the beautiful treasure of happy children who will become confident adults. Tammy’s work as the co-parenting coach is valuable, necessary, and appreciated.”

—John Mark “Journey” Johnson, president and CEO of the YMCA of Middle Tennessee

“When divorce has brought your life to the lonely place where you need basic practical advice that works to help you and your children heal and move forward, then you just found it in *Co-Parenting Works!*”

—Steve Hayes, minister of biblical counseling for First Baptist Church, Naples, Florida

"Excellent ... a much needed resource. Very encouraging and sure to be a great help to those considering co-parenting. Love the personal stories, makes it real!"

—Robert D. Rabon, President, National Center for Youth Issues

“Tammy’s presentation in the chapel service at Hope International University raised our awareness of a critical need among so many families today. Her personal testimony was a powerful message that communicated how important it is to be sensitive to the impact divorce has on innocent children. The passion she has for the ministry of Co-parenting International is contagious and we were blessed to have her on campus sharing her vision with our students and faculty. We are proud to have her as one of our alumni making a difference in the world.”

—Dr. John Derry, president of Hope International University, [jderry@hiu.edu](mailto:jderry@hiu.edu)

“Tammy knows how to connect with University students. She is able to speak intelligently to the head, but also emotionally to the heart. Her life experience is stirring. Her insights about family, especially family after divorce, encourages and challenges young people to overcome the brokenness they have experienced and determine to make their families different. Tammy uses a narrative approach that captivates her audience with humor and seriousness.”

—Dr. Joseph C. Grana II, Dean, Pacific Christian College of Ministry & Biblical Studies  
Hope International University, [jgrana@hiu.edu](mailto:jgrana@hiu.edu)

“*Co-Parenting Works!* is a must read for every parent looking to enhance the relationship with their child. Through experience and a wealth of factual information, Daughtry will lure you into a world that will give every parent amazing insight into the heart of their child. Whether a divorced parent or just a parent seeking to find better ways to communicate with your child, this book will make a positive change in who you see in the mirror as well as the little one holding your hand!”

—Mitzi L. Dorris, President, LifeBridge, Inc. Parenting Seminars

"Tammy is writing about a subject that is near and dear to my heart. I'm the product of a permanent separation, and I can proudly say I got to experience, as a child, what two adults behave like when they realize their differences don't matter when they still have a family that needs parenting. Tammy is doing a service to all of us...especially co-parents that need to know there is hope for their children."

—Joey Elwood, president of Gotee/Mono vs Stereo Records [gotee.com](http://gotee.com)

“*Co-Parenting Works!* is a wonderfully practical and wise book for divorcing parents who want to insure that their children thrive after divorce. If you are considering divorce, in the midst of the process and even if you have been divorced for a few years, this book will show you how to navigate your course to a "good divorce". In her clear step-by-step approach, Tammy Daughtry provides parents with a very readable guide to co-parenting that is certain to have lasting benefits for you and your children.”

—Constance R. Ahrons, Ph.D., Psychologist / Author, *The Good Divorce* and *We're Still Family* / Professor Emerita, University of Southern California

"Tammy came to speak to the students at Hope International University's weekly chapel service. Our student body expected a predictable, uplifting Christian message--the kind that so many speakers had presented to our faith-based, "emerging-adult" audience. Tammy virtually turned the tables on their expectations as she redefined the term "Uplifting Christian Message." Students found a role-model in Tammy's testimony; she gave them courage to begin the healing journey from past scars by reaching out to the caring, Christian community that surrounds them. There were cheers and tears as Tammy concluded her message; long lines of students waited to share their stories and their personal thanks for speaking directly to them and for showing them what a journey from trauma to triumph looks like when you surrender your life to God. It was a chapel service that none of us will ever forget."

—Cora Alley, Chair: English Department, Hope International University, [calley@hiu.edu](mailto:calley@hiu.edu)

I recently discovered the "One Heart, Two Homes" program. It is exactly what I have been searching for, and for a very long time! "One Heart, Two Homes" excellently captures what parents and children deal with when making their way through the divorce process. This helps in co-parenting their children and insuring their children's mental wellness.

– Dr. William Steele LMFT, AAFC, ACP Collaborative Professional  
Over 35 years' experience in the mental health field