



# Co-Parenting Works!

*Helping Your Children Thrive after Divorce*

By [Tammy Daughtry](#)

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## Forward by Steve Grissom, Founder DivorceCare

Can this book change the future for your children?

I think so.

It's a fact that the children of divorce struggle to become healthy, productive adults. Many carry the pain of a family breakup into all parts of their adult lives. They often fail at relationships.

Your children don't have to end up that way. *Co-Parenting Works!* equips you with practical strategies to work with your ex-spouse for the benefit of your kids. Whether you have custody of your kids, or your ex does, you can become better parents if you will apply the strategies Tammy presents in this essential book.

You might be thinking "You don't know my ex. They would never agree to cooperate at a meaningful level."

Actually, I do know your ex— or at least someone very much like him or her.

Through our DivorceCare support group network, we've helped nearly 700,000 people recover from the ravages of divorce. Many of them are parents. Some were bitter, angry and uncooperative.

Even those who were hostile and combative, with few exceptions, have a soft spot for their children and deeply care about the well-being of their kids. Their anger might cloud their judgment, leading to mistakes in the way they parent their children, but they still want the best for their kids.

*Co-Parenting Works!* shows you, step-by-step, how to diffuse the tension between you and your ex, and begin the process of working together to raise your children in a healthy way.

If you are the angry or distant parent, this book will help you build a bridge back to your children, before it's too late.

And even if you are one of the lucky ones that has a good relationship with your ex-spouse, you will find lots of wisdom in this book that you can directly impact your children— now, and for years to come.

This is not a book written by a head-in-the-clouds academic. Tammy has lived the life of a co-parent, and has done so very successfully. You'll read how she and her former husband worked through the challenges they faced in raising their daughter Angelia. You'll also hear the real-life stories of others who succeeded in making a better life for their kids through co-parenting.

Your children are growing up right before your eyes. It won't be long until they are facing the world as adults. You can't change that.

You can, however, transform their emotional and spiritual health by applying the principles you will learn in *Co-Parenting Works!* The stakes are enormous. The time to act is now.

**Steve Grissom**

Founder

DivorceCare

[www.DivorceCare.org](http://www.DivorceCare.org)