



CENTER FOR
Modern
Family
Dynamics
classes counseling
creativity community

Practice and Policies: Tammy G. Daughtry, Masters Marriage and Family Therapy

Fee Policy

The Center for Modern Family Dynamics is committed to offering the highest quality, professional counseling services. Our fee for all types of counseling services is \$120 per clinical hour (50 min.) If you have any difficulty in paying this fee, you are eligible to apply for our sliding-scale fee services and will need to complete the Financial Agreement form along with submitting a copy of your most recent tax return.

A session is typically based on a 50-minute hour, however, when working with couples or families the session may exceed this time. Unless this time is excessive, the rate will still be based on the regular hourly fee. I request that cancellations be made 24 hours in advance; otherwise, you will be billed for the full session fee. Inpatient visits, or significant telephone counseling, etc. are based on the same sliding scale fee you would pay for an in-office visit in addition to transportation expenses. I do not testify or make court appearances. I take payment and schedule for the next week at the beginning of each appointment. If you do not have your payment at the beginning of session we will have to reschedule to another time when you can make the payment. You will owe for that session as well as the rescheduled one. I currently do not accept insurance. However, if your insurance company covers counseling services we can provide receipts for you to process your own claim with your insurance provider.

Confidentiality

Professional ethics and Tennessee State law indicate that confidential information is controlled by the client. This means that, as a general rule, information shared in sessions with a counselor will be held in confidence.

There are two exceptions to this general rule, however. In the case of an emergency where the counselor believes the client is at risk of hurting himself/herself or another person, the counselor may breach the requirement of confidentiality. Secondly, Tennessee law requires that child abuse in any form be reported to the Department of Human Services or other authority such as a Juvenile Judge.

In cases where family members are being seen by multiple CMFD therapists for individual therapy, it is understood and agreed upon that the CMFD therapists will share necessary and pertinent information with one another. This information will only be shared when it is necessary for individual and family health. This practice and policy is put in place to ensure that you and your family are getting the highest level of quality care and ensure that we as an agency are following the Family Systems Model.

When working with minors, I will not share the content of sessions with parents/guardians, unless the content must be shared for safety reasons or if my therapeutic judgment warrants sharing content for the welfare and health of the minor. I will discuss progress and treatment plan in general terms with parents/guardians. Parents are encouraged to be a very active part of the counseling process; be prepared to be in session with your child at times and to have "homework assignments" for your family

In communication, persons sometimes prefer to communicate via text messaging or email. I do accept this form of communication, however it is important for the client to understand that email is not a secure mode of communication. The correspondence is at risk of being intercepted, can be monitored by email providers, and human error could result in someone else receiving the email other than the intended therapist. It is also important to note that text messaging carries the same level of risk. Text messages can be intercepted, stored on a device and later read by others, read by phone providers, or sent to non-intended individuals. If the client chooses to correspond with me via text messaging or email, the messages and emails will be printed off and kept in the client's file.

Professional Services

I am available for counseling appointments at select times throughout the week. The phone number that you can reach me on is 615-294-9989. You can also reach me by email at tammy@modernfamilydynamics.com. I do not do phone consultations. If you have an emergency, you may obtain assistance by calling the Crisis Help Line at 244-7444, the YW Domestic Violence Center at 242-1199, or by going to your local hospital emergency room. For a crisis with minors you can call the mobile crisis line at 866-791-9222. I will be unable to respond to texts and emails in a timely manner, therefore do not text or email me when you are in a crisis and feeling suicidal, overwhelmed, or unsafe. Please call the crisis line or go to your nearest emergency room in these instances.

I am not a certified Custody Evaluator or an Expert Witness, as defined by the legal system. As a Marriage and Family Therapy Intern, I am not permitted to make any judgments on custody. In the case that I would be subpoenaed to court or involved in any legal matter, the client will be charged a fee of \$150 an hour (this includes note taking, phone calls, writing case summaries, time in court, etc).

Benefits and Risks of Counseling

Persons contemplating counseling should realize that they may make significant changes in their lives. People often modify their emotions, attitudes, and behaviors. They may also make changes in their marriages or significant relationships, such as with parents, friends, children, relatives etc. While I will assist the client in effecting change, I cannot guarantee a specific outcome. Clients are ultimately responsible for their own growth.

Credentials: I am a Marriage and Family Therapy Masters Intern pursuing licensure under supervision

Do you have any questions about fees, confidentiality, or other matters? Yes ___ No ___

Do you agree with the conditions and provisions of these Practice Policies? Yes ___ No ___

I give permission for the therapist to correspond with me via text messaging and/or email. Yes ___ No ___ : email only ___ text only ___

I agree to allow Tammy G. Daughtry, MMFT to video tape our sessions. Yes ___ No ___

I agree to the fee payment of \$120 Yes ___ No ___ If No, I have completed the additional application for sliding scale fee with my counselor and have agreed to a session fee payment of \$ _____

Signature of Responsible Party: _____